

ForsythKids

At Home Science Experiments and Activities

TOOTHBRUSHING ACTIVITY

Grade Levels: K-2

Materials

- Yellow Construction Paper
 - Toothbrush
 - White Craft Paint



Procedure

1. Draw a picture of a tooth on the yellow construction paper
2. Explain to your child/children that if we don't take care of our teeth they can get stained and discolored (yellow)
3. Using the toothbrush dip it into white paint (toothpaste) and show how brushing can make a yellow tooth nice and white and shiny

*Follow this activity with a trip to the bathroom and practice brushing

*Discuss importance of brushing two times a day

*Using a two minute timer or a two minute song encourage brushing for two minutes

Inspiration from: www.paper-and-glue.com/2015/06/dental-health-preschool-craft-brush-your-teeth.html?m



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